

Encounter these verses today:

(circle) words that you identify with, underline phrases or sentences you'd like to remember, write questions about the passage out to the side ...



Proverbs 27:7 [NKJV]

A satisfied soul loathes the honeycomb,
But to a hungry soul every bitter thing is sweet.

Matthew 5:6 [NKJV] :: The Beatitudes

Blessed are those who hunger and thirst for
righteousness, For they shall be filled.

Psalms 107:9 [NKJV]

For He satisfies the longing soul,
And fills the hungry soul with goodness.

Ecclesiastes 2:10-11 [NIV]

¹⁰ I denied myself nothing my eyes desired;
I refused my heart no pleasure.
My heart took delight in all my work,
and this was the reward for all my labor.

¹¹ Yet when I surveyed all that my hands had done
and what I had toiled to achieve,
everything was meaningless, a chasing after
the wind;
nothing was gained under the sun.

Acts 9:17-19 [NIV] :: Saul's Conversion

¹⁷ Then Ananias went to the house and entered it.
Placing his hands on Saul, he said, "Brother Saul,
the Lord—Jesus, who appeared to you on the road
as you were coming here—has sent me so that
you may see again and be filled with the Holy
Spirit." ¹⁸ Immediately, something like scales fell
from Saul's eyes, and he could see again. He got
up and was baptized, ¹⁹ and after taking some food,
he regained his strength.



What is an "appetite"?

a natural _____ to _____ bodily needs

My thoughts on Proverbs 27:7 ...

Our hunger will lead us in being _____!

> To be filled, you first must become _____



Think about it ...
Have I allowed things other than God to fill my cup?

What does God want to fill us with? (Acts 9)

The Challenge this week ...

- 1) Seek God using the guide in this handout.
- 2) Seek God using moments of prayer ... set real time aside.
- 3) See God by being emptied (fasting - not eating) for a time.



Download this sermon & outline at www.flushingcommunity.org

Digging Deeper | 2010

[Engage the message throughout the week]

Monday: 8.16.2010

Reading: Proverbs 27:7

Are you full today? Do you feel satisfied? The writer of this wise saying is warning us that if we find ourselves comfortable in our present circumstances, we are endanger of missing the best that God has for us.

My prayer for today:

O God of every good gift, help me to be hungry in my spirit for your presence. You are my only satisfaction!

Pray for: *Families: Smith & Sopka*

Reflections: _____

Tuesday: 8.17.2010

Reading: Matthew 5:6 and Psalm 107:9

It's valuable to continue to consider our own thirst and our own hunger today. Experiencing the filling that God promises will take time, after all, it took Saul 3 days.

My prayer for today:

Empty me, O Lord. Make me hungry and desperate before You. May I be even more dependent on You and Your presence in my life.

Pray for: *Families: Sparks & St. Cin*

Reflections: _____

Wednesday: 8.18.2010

Reading: Galatians 5:22-23

When I'm hungry my body seems to crave fruit. Fruit smoothies. Fresh fruit. Fruit Loops even! My soul must crave spiritual fruit. As your spirit becomes aware of it's hunger, what will you crave?

My prayer for today:

As I hunger for You, O God, my I crave your goodness. May I see my life reflect your "spiritual fruit" today.

Pray for: *Families: Stewart & Strong*

Reflections: _____

Thursday: 8.19.2010

Reading: John 3:19-21

As you have examined your personal and spiritual appetites this week, it is possible you've seen some destructive and unhealthy patterns emerge in your life. Keeping those hidden often allows them to continue to exist within ... instead of being emptied out before God.

The Challenge for today:

Expose your destructive appetites and prepare for God's filling. Find a trusted friend. Call a Pastor. Don't live in darkness.

Pray for: *Families: Szukhent & Tabor*

Reflections: _____

Friday: 8.20.2010

Reading: Ephesians 5:1-21

This passage starts off with the challenge to "be imitators of Christ" and then goes into a long list of things that don't reflect the image of God in your life.

My prayer for today:

I'm hungry to walk in Your ways. I'm thirsty for Your presence to guide me. Help me imitate You by allowing Your Spirit to fill me ... Your love to guide me.

Pray for: *Families: Taylor & Tesner*

Reflections: _____

Saturday: 8.21.2010

Reading: John 6:33-35

Don't be like the crowd around Jesus in this story. They claimed to want the "bread" that comes from heaven but they could not believe it was Jesus. They were too stubborn to allow their faith to see their Messiah. Later in this chapter, many turned away (v. 66).

My prayer for today:

Open my eyes so that I can see you clearly. Help my faith embrace You. May my hunger and appetite be fulfilled in You.

Pray for: *Families: Thomas & Tomcala*

Reflections: _____

