

Be Healthy

DIET | EXERCISE | HABITS
RELATIONSHIPS | FUN | STRESS | SERVICE

Pastor Terry Bate | 02.24.13

What is your favorite form of exercise?

What does the Bible have to say about exercise/training?

We _____ God when we honor _____ !

: Church Elections :

Please review these names and prayerfully consider your vote this morning. You must be an official member of the church and at least 15 yrs old in order to vote.

Church Board: (vote for 2)

The **two** nominees who receive the highest votes will be elected to 3 year terms on our Church Board.



Dave Barclay



Rich Christopher



Matt Johnson



Dave Nancarrow

Thank you for your **prayerful** consideration.

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NTX NEW TESTAMENT EXPEDITION

The following passages are taken from our Bible reading plan for 2013. A full copy of this plan is available at the Welcome Center today!

Monday: 02.25.2013 (plan day 26)
Prayer Focus: Small Group Ministry at FCCN
Passage: Acts 25

Tuesday: 02.26.2013 (plan day 27)
Prayer Focus: Children's Ministry of FCCN
Passage: Acts 26

Wednesday: 02.27.2013 (plan day 28)
Prayer Focus: Church Board and MLT Leaders at FCCN
Passage: Acts 27

Thursday: 02.28.2013 (plan day 1)
Prayer Focus: Upward Basketball and Cheerleading
Passage: Acts 28

Friday: 03.01.2013 (plan day 2)
Prayer Focus: Fusion Student Ministries of FCCN
Passage: Hebrews 1

Reflections on my reading this week (plan days 3-4) ...

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