

Be Healthy

DIET | EXERCISE | HABITS
RELATIONSHIPS | FUN | STRESS | SERVICE

Pastor Terry Bate | 04.14.13

What is a habit? *hab-it /'habit/ Noun.*

A settled or regular tendency or practice, especially one that is hard to give up

What some good habits in your life?

What are some bad habits in your life?

What are some "righteous" habits?

Praise - Psalm 64:9-10
Justice - Psalm 106:1-3
Offering Forgiveness - Psalm 130:3-4
Prayer - Acts 10:1-3
Following the Lord's Will - James 4:13-15

How can we find VICTORY over habits that are holding us back spiritually?

I AM DEAD.

I have been crucified with Christ; and it is no longer I who live, but Christ lives in me. (Galatians 5:24)



Miss Something? That's okay!
You can download this sermon at flushingcommunity.org

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NTX NEW TESTAMENT EXPEDITION

The following passages are taken from our Bible reading plan for 2013. A full copy of this plan is available at the Welcome Center today!

Monday: 04.15.2013 (plan day April 16)
Prayer Focus: Small Group Ministry at FCCN
Passage: Matthew 8

Tuesday: 04.16.2013 (plan day April 17)
Prayer Focus: Children's Ministry of FCCN
Passage: Matthew 9

Wednesday: 04.17.2013 (plan day April 18)
Prayer Focus: Church Board and MLT Leaders at FCCN
Passage: Matthew 10

Thursday: 04.18.2013 (plan day April 19)
Prayer Focus: Flushing teachers and schools
Passage: Matthew 11

Friday: 04.19.2013 (plan day April 20)
Prayer Focus: Fusion Student Ministries of FCCN
Passage: Matthew 12

Reflections on my reading this week (plan days 21-22) ...

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