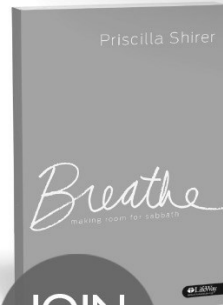


EMPTY
IS THE NEW
FULL



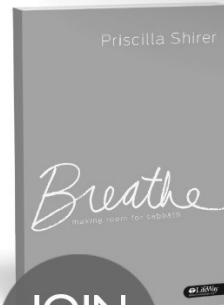
Our plates are full, piled high and spilling over with commitments, responsibilities, and activities. Schedule-driven living leaves us empty and spent in all the wrong ways. But emptying our schedule for Sabbath offers fullness that helps us move from day to day with more peace, more joy, and more opportunity to *Breathe*.
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JOIN US!

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6:30-8:30 P.M. at THE OAK

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