



The elements of Communion have been blessed and distributed for you to take home with you today. As we do this, we connect with the early church's observance of the Lord's Supper which was known as the "Love Feast." Use this guide to help you celebrate Communion in your home today.

### **Prayer of Thanksgiving**

Not only thanks for the food, but more importantly, offer thanks for the many gifts that God offers. Before the prayer begins, have each share at least one thing they are thankful for.

### **Songs of Worship**

As your meal begins, play some of your favorite worship music from the radio, iPod, or preferred internet streamer. You can have this playing while enjoying your meal.

### **Eat Together**

No matter what your meal is, sit at a common table together, eat and share stories, fears and hopes. This is a great time for parents to share their spiritual heritage.

### **Honest Evaluation of the Heart**

Read Psalm 139:23-24 (or the entire Psalm) and spend just a moment in silence asking God to reveal anything in your life that needs attention.

### **Receiving the Bread**

Take the bread provided for you and break off a piece for everyone. Have someone pray a prayer of gratitude for God sending His Son to come be our Messiah. Eat.

### **Receiving the Juice**

Take the juice provided for you and pour some for everyone into a small cup. Have someone pray a prayer of gratitude for all that Jesus has done for us by laying down His life. Drink.

### **Read from the Hallel**

Read Psalm 116. Imagine Jesus singing this Psalm with his friends on the night He would be betrayed. Finish the reading with another simple prayer of thanks.