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intentional

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in · ten · tion · al

Adjective: Done on purpose; deliberate.



“And God said, “Let there be lights in the vault of the sky to separate the day from the night, and let them serve as signs to mark sacred times, and days and years, and let them be lights in the vault of the sky to give light on the earth.” And it was so.”

Genesis 1:14-15 (NIV)

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There is a time for everything,
and a season for every activity
under the heavens:

a time to be born

and a time to die,

a time to plant

and a time to uproot,

a time to kill

and a time to heal,

Ecclesiastes 3:1-8 (NIV)

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a time to tear down
and a time to build,
a time to weep
and a time to laugh,
a time to mourn
and a time to dance,
a time to scatter stones
and a time to gather them,

Ecclesiastes 3:1-8 (NIV)

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a time to embrace and a time
to refrain from embracing,
a time to search
and a time to give up,
a time to keep
and a time to throw away,
a time to tear
and a time to mend,

Ecclesiastes 3:1-8 (NIV)

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a time to be silent
and a time to speak,
a time to love
and a time to hate,
a time for war
and a time for peace.

Ecclesiastes 3:1-8 (NIV)

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“Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil. Therefore do not be foolish, but understand what the Lord’s will is.”

Ephesians 5:15-17 (NIV)

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Time Killers ...

Distractions & Interruptions
Lack of Skill or Understanding
Being Overwhelmed
Procrastination

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Time Redeemers ...

Attack the Important

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“So the twelve gathered all the disciples together and said, “It would not be right for us to neglect the ministry of the Word of God in order to wait on tables. Brothers and sisters, choose seven men from among you who

Acts 6:2-4 (NIV)

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are known to be full of the Spirit and wisdom. We will turn this responsibility over to them and give attention to prayer and the ministry of the Word.”

Acts 6:2-4 (NIV)

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Time Redeemers ...

*Attack the Important
Healthy Rhythms*

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“Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, “Come with me by yourselves to a quiet place and get some rest.”

Mark 6:31 (NIV)

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Time Redeemers ...

Attack the Important
Healthy Rhythms

Accountability

See it all thru Jesus' Eyes

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“Set your minds on things above,
not on earthly things. For you
died, and your life is now hidden
with Christ in God.”

Colossians 3:2-3 (NIV)

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“So whether you eat or drink or whatever you do, do it all for the glory of God. For I am not seeking my own good but the good of many, so that they may be saved.”

1 Corinthians 10:31, 33

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Time Redeemers ...

Attack the Important
Healthy Rhythms

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