





# Event #16, Plymouth Spooktacular October 21, 2017

# 2017 Michigan Basic Skills Series Competition Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season – skaters will have the chance to compete at many different clubs and arenas and earn points for a final standing.

A skater may participate in either Freeskating and/or Compulsory/Elements events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place - on the ice - at the Midland Competition - November 4, 2017

#### Series Point System

The Freeskating events and the Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system for scoring points for the final award will be as follows:

 $1^{st}$  Place - 6 points  $2^{nd}$  Place - 5 points  $3^{rd}$  Place - 4 points  $4^{th}$  Place - 3 points  $5^{th}$  Place - 2 points  $6^{th}$  Place - 1 point

Skaters must participate in at least 3 of the 17 series competitions to be eligible to win an award with an overall placement at the finale. Skaters receive bonus points for moving up a level during the course of the Series [bonus points only awarded once each season]. Events eligible for a series finale award are:

Element and Basic Programs w/Music Events -

Learn to Skate Curriculum (Snowplow Sam thru Pre-Free Skate, Beginner & High Beginner)

In the event of tied total points, all skaters tied for a place will be awarded a medal, no ties will be broken.

Points are accumulated for Compulsory and Free Skate events separately.

Medals will be awarded (1-3 Place) in each level as highlighted in each announcement. Beyond the Basics <u>will NOT</u> be counted in the Freeskate and Elements/Compulsory Program Series for this 2017 season. Spins, Dance, Pairs, Theatre On Ice, Synchronized Teams, and Showcase Events <u>will NOT</u> be counted for this 2017 season.

At the end of the 2017 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.

Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS member clubs. Competition announcements and packages will be available at all participating ice rinks and/via the club or rink websites as well as <a href="www.sk8stuff.com">www.sk8stuff.com</a>. Each competition will have its own entry forms and specific rules - so please make sure to read the entire announcement for each competition.





# 11th Annual USFS Michigan Basic Skills Series – Hosted by the following:

Event 1 Onyx-Suburban B/S	Event 2 – Skate Elite	Event 3 – Mountain Town Classic
Challenge	February 25, 2017	March 11, 2017
February 4, 2017	Entry Deadline: February 12, 2017	Entry Deadline – February 25, 2017
Entry Deadline – January 15, 2017	Crystal Fieldhouse	The I.C.E. Arena
Suburban Ice Macomb	Contact: Jacklinn Brayan	Contact: Ginni Phillips
Contact: Jeanette Daskas	Phone: 810-814-1744	Phone: 989-560-3871
Phone: 248-917-9544	eliteskatingacademy@gmail.com	gpsk8r@gmail.com
jendaskas@aol.com		
Event 4 - Tuxedo Invitational	Event 5 - Arctic Basic Skills	Event 6 – Skate the Zoo
March 25, 2017	April 9, 2017	April 29, 2017
Entry Deadline: March 10, 2017	Entry Deadline – March 20, 2017	Entry Deadline – April 14, 2017
Bowling Green State University	Arctic Edge Ice Arena	Wing's West
Contact: Pat Rabb	Contact: Elizabeth Taylor	Contacts: Stacy Lightfoot
Phone: 419-308-4552	Phone: 734-649-6662	Phone: 269-744-2648
perabb59@gmail.com	arcticfsclub@gmail.com	stacylightfoot@sbcglobal.net
Event 7 – Iceland Spring Fling.	Event 8 Journey on the River Raisin	Event 9 ICES Basic Skills Challenge
May 7, 2017	May 27, 2017	June 3, 2017
Entry Deadline – April 22, 2017	Entry Deadline – May 12, 2017	Entry Deadline – May 19, 2017
Flint Iceland Arena	Monroe Multi-Sports Complex	Troy Sports Center
Contact: Cristy Bosley	Louis Lombardo III	Contact: Kim Baxi
Phone: 810-814-1081	Phone: 734-457-4219	Phone: 248-835-2732
Chix44ever44@gmail.com	louis@monroemultisports.com	<u>kimsbaxi@hotmail.com</u>
Event 10-Ann Arbor Skills/Showcase	Event 11 – Summer Swizzle	Event 12 Skate the Shores
June 10, 2017	June 17, 2017	July 16, 2017
Entry Deadline: May 26, 2017	Entry Deadline: June 1, 2017	Entry Deadline : June 26, 2017
Ann Arbor Ice Cube	Farmington Hills Ice Arena	St Clair Shores Civic Arena
Craig Forsyth	Daphane Lee	Laura Delbarba
Phone: 734-213-6768	248-219-6806	Phone: 586-445-5350
aafsc.officemanager@gmail.com	summerswizzle@fhsfsc.org	Sk8ncoach@yahoo.com
Event 13 Summer Chill Basic Skills	Event 14 Coliseum Freeze	Event 15 – Dearborn Basic Skills
July 29, 2017	Chelsea FSC, Arctic Coliseum	Comp October 7, 2017
Entry Deadline: July 1, 2017	September 16, 2017	Entry Deadline: Sept 19, 2017
Novi Ice Arena	Entry Deadline – August 29, 2017	Dearborn Ice Skating Center
Contacts: Chelsea Walker	Contact: Kayleah Crosby-Rowley	Contact: Stacy Holland
Phone: 248-719-2724	Phone: 517-581-0014	Phone: 313-574-4534
chelseawalker17@aol.com	Kayleah.crosby@gmail.com	ssholland76@gmail.com
Event 16 - Plymouth Spooktacular	Event 17 - Skate Midland	
October 21, 2017	November 4, 2017	SERIES AWARDS
Entry Deadline: October 7, 2017	Entry Deadline: October 15, 2017	CEREMONY
Plymouth Cultural Center Ice Arena	Midland Civic Arena	ON THE ICE
Contact: Ellen Elliott	Contact: Karen Boswell	AT THE MIDLAND COMPETITION
Phone: 734-233-1529	Phone: 989-695-4832	
jejmelliott@aol.com	kboswell99@gmail.com	







## Plymouth Spooktacular Basic Skills Competition Plymouth Figure Skating Club

Plymouth Cultural Center Ice Arena ♦ 525 Farmer Street ♦ Plymouth, MI 48170

Phone: 734.233.1529

Plymouthfigureskatingclub.com

## Saturday, October 21, 2017

Entry Deadline: October 7, 2017 – IN THE PAST THIS EVENT HAS FILLED PRIOR TO THE DEADLINE – PROMPT RESPONSE IS ADVISED

The Plymouth Spooktacular, sponsored by the Plymouth Figure Skating Club will be held at PLYMOUTH CULTURAL CENTER ICE ARENA on Saturday, October 21, 2017. This is an NHL sized arena. This is a United States Figure Skating approved Basic Skills Competition. The sanctions will be posted on the official competition bulletin board. Questions regarding this competition should be directed to Ellen Elliott, jejmelliott@aol.com, E-mail communications are preferred.

**Mission Statement** – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility - The Competition is open to ALL skaters who are current eligible (ER.100) members of either the Basic Skills Program and/or full members of US Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills 1-8 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances. For the Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

**Rules** – The competition will be conducted under the rules set forth by the US Figure Skating Learn to Skate USA "Compete USA Competition Manual" program.

**Entry Fees** – The first event is \$50.00, the second event is \$20 and each additional event after that is \$10.00. All entries must be postmarked no later than October 7, 2017 – in the past this event has filled prior to the deadline. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15.00 late fee. Entry fees are per person, U.S. dollars.

Entry forms must be filled out legibly and completely and mailed with a check made payable to PFCS to:

Attn: Ellen Elliott - PFSC Plymouth Cultural Center 525 Farmer Street Plymouth, MI 48170

There will be a \$35.00 fee for returned checks.

**Awards** – <u>All competitors will receive a medal</u>. All events are final rounds. ALL awards will be made at appropriate times throughout the competition.

**Registration** – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. *Please register at least one hour before your competition time*.

Schedule of Events – Schedule will be posted on the Internet at the Figure Skater's Website, www.sk8stuff.com.

**Music** – The music for all free skating programs with music supplied by skater should be provided on CD. The CD is to be turned in at registration. Competitors must have a spare CD at rink side to be used in case of technical difficulties.

**Practice Ice** – Practice Ice will be available in 20-minute sessions. Details will be provided in a mailing prior to the competition date. Sign-in and pay \$8.00 at the door.

Awards will be handed out and a podium will be available for group and individual photos.





# BASIC ELEMENTS: SNOWPLOW SAM – BASIC 8 <u>Events listed on this page eligible for Michigan Basic Skills Series Points</u>

- To be skated on 1/3 to 1/2 ice
- No music
- <u>All elements must be skated in the order listed.</u> Each skater will perform each element only when directed by a judge or referee. Skaters are allowed one retry per element. If skater wants to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element.

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Level	Skating rules/standards
	<ul> <li>March followed by a two-foot glide and dip</li> </ul>
Snowplow	<ul> <li>Forward two-foot swizzles, 2-3 in a row</li> </ul>
Sam	<ul> <li>Forward snowplow stop</li> </ul>
	<ul> <li>Backward wiggles, 2-6 in a row</li> </ul>
	<ul> <li>Forward two-foot glide and dip</li> </ul>
Basic 1	<ul> <li>Forward two-foot swizzles, 6-8 in a row</li> </ul>
	<ul> <li>Beginning snowplow stop on two-feet or one-foot</li> </ul>
	Backward wiggles, 6-8 in a row
	<ul> <li>Forward one-foot glide, either foot</li> </ul>
Basic 2	<ul> <li>Scooter pushes, right and left foot, 2-3 each foot</li> </ul>
	<ul> <li>Moving snowplow stop</li> </ul>
	<ul> <li>Two-foot turn in place, forward to backward</li> </ul>
	<ul> <li>Backward two-foot swizzles, 6-8 in a row</li> </ul>
	<ul> <li>Beginning forward stroking showing correct use of blade</li> </ul>
Basic 3	<ul> <li>Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> </ul>
	Forward slalom
	<ul> <li>Beginning backward one-foot glide, either foot</li> </ul>
	Moving forward to backward two-foot turn on a circle
	Backward one-foot glides, right and left
Basic 4	<ul> <li>Forward outside edge on a circle, clockwise or counter clockwise</li> </ul>
	<ul> <li>Forward crossovers, 4-6 consecutive, both directions</li> </ul>
	<ul> <li>Beginning two-foot spin, 2-4 revolutions</li> </ul>
	<ul> <li>Backward ½ swizzle pumps on a circle, one direction only</li> </ul>
	<ul> <li>Backward outside edge on a circle, clockwise or counterclockwise</li> </ul>
	<ul> <li>Backward crossovers, 4-6 consecutive, both directions</li> </ul>
Basic 5	<ul> <li>Advanced two-foot spin, 4-6 revolutions</li> </ul>
	<ul> <li>Forward outside three-turn, right and left</li> </ul>
	Hockey stop
D	Forward inside three-turn, right and left
Basic 6	Bunny Hop
	<ul> <li>Forward spiral on a straight line, right or left</li> </ul>
	Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry
	T-stop, right or left
Pre-Free	<ul> <li>Forward inside open Mohawk from a standstill position (R to L and L to R)</li> </ul>
Skate	<ul> <li>Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into</li> </ul>
	one backward crossover and step to a forward inside edge, clockwise and counterclockwise
	<ul> <li>One-foot upright spin, optional entry and free-foot position (minimum three revolutions</li> </ul>
	<ul> <li>Mazurka (Right OR Left)</li> </ul>
	Waltz jump





# BASIC PROGRAM W/MUSIC: SNOWPLOW SAM – BASIC 8 <u>Events listed on this page eligible for Michigan Basic Skills Series Points</u>

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- The skater may use elements from a previous level.

• A .2 deduction will be taken **for each** element performed from a higher level

		taken for each element performed from a higher level
Level	Time	Skating rules/standards
Chavialou	1:10 may	March followed by a two-foot glide and dip
Snowplow Sam	1:10 max.	Forward two-foot swizzles, 2-3 in a row
Saiii		Forward snowplow stop
		Backward wiggles, 2-6 in a row
Dania 4	4.40	Forward two-foot glide and dip
Basic 1	1:10 max.	Forward two-foot swizzles, 6-8 in a row
		Beginning snowplow stop on two-feet or one-foot
		Backward wiggles, 6-8 in a row
Б . О		Forward one-foot glide, either foot
Basic 2	1:10 max.	Scooter pushes, right and left foot, 2-3 each foot
		Moving snowplow stop
		Two-foot turn in place, forward to backward
		Backward two-foot swizzles, 6-8 in a row
		Beginning forward stroking showing correct use of blade
Basic 3	1:10 max.	<ul> <li>Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6</li> </ul>
		consecutive
		Forward slalom
		Beginning backward one-foot glide, either foot
		Moving forward to backward two-foot turn on a circle
		Backward one-foot glides, right and left
Basic 4	1:10 max.	Forward outside edge on a circle, clockwise or counter clockwise
		Forward crossovers, 4-6 consecutive, both directions
		Beginning two-foot spin, 2-4 revolutions
		Backward ½ swizzle pumps on a circle, one direction only
		Backward outside edge on a circle, clockwise or counterclockwise
	1:10 max.	Backward crossovers, 4-6 consecutive, both directions
Basic 5		Advanced two-foot spin, 4-6 revolutions
		Forward outside three-turn, right and left
		Hockey stop
		Forward inside three-turn, right and left
Basic 6	1:10 max.	Bunny Hop
		Forward spiral on a straight line, right or left
		<ul> <li>Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry</li> </ul>
		T-stop, right or left
		<ul> <li>Two forward crossovers into a forward inside Mohawk, step down and cross behind,</li> </ul>
5 -		step into one backward crossover and step to a forward inside edge, clockwise and
Pre-Free	1:40 max	counterclockwise
Skate		One-foot upright spin, optional entry and free-foot position (minimum three)
		revolutions
		Mazurka (Right OR Left)
		Waltz jump





## INTRODUCTORY LEVEL COMPULSORY EVENTS

# Events listed on this page eligible for Michigan Basic Skills Series Points

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.

Skaters may have the option to skate one level higher in compulsories than their free skate program.

Level	Time	Skating rules/standards
Beginner	1:15	<ul> <li>Waltz jump</li> <li>½ jump of choice</li> </ul>
	max.	Forward two-foot or one-foot spin - minimum three revolutions (free leg position optional)
		Forward or backward spiral
L P aula	4.45	Toe loop jump
High	1:15	Salchow jump
Beginner	max.	<ul> <li>Forward scratch spin - minimum three revolutions</li> <li>Forward or backward spiral</li> </ul>

### INTRODUCTORY LEVEL FREE SKATE PROGRAMS

## Events listed on this page eligible for Michigan Basic Skills Series Points

- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Max	<ul> <li>Max. 5 jump elements:</li> <li>Jumps with no more than one-half rotation (front to back or back to front).</li> <li>Max. 2 jump sequences</li> <li>Max. 2 of any same jump</li> </ul>	Max. 2 spins:  • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
High Beginner 1:40 Max	<ul> <li>Max. 5 jump elements:</li> <li>Jumps with no more than one-half rotation (front to back or back to front including half-loop)</li> <li>Single rotation jumps:     Salchow and toe loop only.</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of same type jump.</li> </ul>	Max. 2 spins:  • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests





### SPECAL OLYMPICS BADGE PROGRAM

# Events listed on this page eligible for Michigan Basic Skills Series Points

The Special Olympics Sports Skills Program is designed for people with intellectual disabilities who may exhibit any number of physical impairments. The Special Olympics Badge Program allows skaters to learn skills in a progressive order and earn badges at each

#### Badge 1

- A. Stand unassisted for five seconds
- **B.** Sit on ice or fall and stand up unassisted
- C. Knee dip standing still unassisted
- D. March forward ten steps assisted

#### Badge 2

- A. March forward ten steps unassisted
- **B.** Swizzles, standing still: three repetitions
- C. Backward wiggle or march assisted
- Two foot glide forward for distance of at least length of body

#### Badge 3

- A. Backward wiggle or march
- **B.** Five forward swizzles covering at least ten feet
- **C.** Forward skating across the rink
- **D.** Forward gliding dip covering at least length of body: left and right

#### Badge 4

- A. Backward two-foot glide covering at least length of body
- **B.** Two foot jump in place
- **C.** One foot snowplow stop: left and right
- D. Forward one foot glide covering at least length of body: left and right

#### Badge 5

- **A.** Forward stroking across rink
- **B.** Five backward swizzles covering at least ten feet
- **C.** Forward two-foot curves left and right across rink
- **D.** Two-foot turn front to back, on the spot

#### Badge 6

- A. Gliding forward to backward two-foot turn
- **B.** Five consecutive forward one-foot swizzles on circle: left and right
- **C.** Backward one foot glide length of body: left and right
- D. Forward pivot

#### Badge 7

- A. Backward stroking across the rink
- **B.** Gliding backward to forward two-foot turn
- **C.** T-stop left or right
- **D.** Forward two foot turn on a circle: left and right

#### Badge 8

- **A.** Five consecutive forward crossovers: left and right
- **B.** Forward outside edge: left and right
- C. Five consecutive backward ½ swizzles on a circle: left and right
- D. Two-foot spin

#### Badge 9

- A. Forward outside 3 turn: left and right
- B. Forward inside edge: left and right
- C. Forward lunge or shoot the duck at any depth
- **D.** Bunny hop

#### Badge 10

- A. Forward inside three-turn: left and right
- B. Five consecutive backward crossovers: left and right
- C. Hockey stop
- **D.** Forward spiral three times length of body

#### Badge 11

- A. Consecutive forward outside edges: minimum of two on each foot
- **B.** Consecutive forward inside edges: minimum of two on each foot
- **C.** Forward inside Mohawk: left and right
- **D.** Consecutive backward outside edges: minimum of two on each foot
- E. Consecutive backward inside edges: minimum of two on each foot

## Badge 12

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- A. Waltz jump
- **B.** One foot spin: minimum of three revolutions
- C. Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise
- **D.** Combination of three moves chosen from badges 9-

Approval Code:

LEARN TO



ADULT EVENTS: This event can be used as a Compulsory or Program Event

Adult 1-6 Free Skate, Pre-Bronze and Bronze:

The skating order of the required elements is optional. The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:30+/-10 sec unless otherwise noted

Adult 1	Adult 4
<ul> <li>Falling and Recovery</li> <li>Forward Marching</li> <li>Forward two-foot glide</li> <li>Forward swizzle (4-6 in a row)</li> <li>Forward snowplow stop – two feet or one foot</li> </ul>	<ul> <li>Forward outside edge on a circle, right and left</li> <li>Forward inside edge on a circle, right and left</li> <li>Forward crossovers, clockwise and counterclockwise</li> <li>Backward one-foot glides, right and left</li> <li>Hockey stop, both directions</li> </ul>
<ul> <li>Adult 2</li> <li>Forward skating across the width of the ice</li> <li>Forward one-foot glides</li> <li>Forward slalom</li> <li>Backward skating</li> <li>Backward swizzles, 4-6 in a row</li> </ul>	<ul> <li>Adult 5</li> <li>Backward outside edge on a circle, right and left</li> <li>Backward inside edge on a circle, right and left</li> <li>Backward crossovers, clockwise and counterclockwise</li> <li>Forward outside three-turn, right and left</li> <li>Beginning two-foot spin</li> </ul>
<ul> <li>Adult 3</li> <li>Forward stroking using the blade properly</li> <li>Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise</li> <li>Backward skating to a long two-foot glide</li> <li>Forward chasses on a circle, clockwise and counterclockwise</li> <li>Backward snowplow stop, Right and Left</li> </ul>	<ul> <li>Adult 6</li> <li>Forward stroking with crossover end patterns</li> <li>Backward stroking with crossover end patterns</li> <li>Forward inside three-turn, right and left</li> <li>T-stop</li> <li>Lunge</li> <li>Two-foot spin into one-foot spin</li> </ul>
Adult Pre-Bronze: Must have passed no higher than adult pre-bronze free skate test or pre-preliminary free skate test. Time: 1:40 maximum Refer to the current U.S. Figure Skating Rulebook #4600 for specific requirements.	Adult Bronze: Must have passed no higher than adult bronze free skate test or the preliminary free skate test.  Time: 1:50 maximum  Refer to the current U.S. Figure Skating Rulebook #4590 for specific requirements.





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## **COMPULSORY MOVES**

## General event parameters:

• Elements skated on ½ ice / Elements may be performed only once / Music is not allowed

Level	Time	Skating rules/standards
No-Test	1:15 max.	<ul> <li>Loop jump</li> <li>Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>Solo spin - sit or camel spin - minimum three revolutions</li> <li>Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ul>
Pre- Preliminary	1:15 max.	<ul> <li>Toe Loop jump</li> <li>Jump combination: single/single (no Axel)</li> <li>Sit spin or camel spin - minimum three revolutions</li> <li>Spiral sequence with one forward spiral and one backward spiral (any edge)</li> </ul>
Preliminary	1:15 max.	<ul> <li>Lutz jump</li> <li>Jump combination: single/single (may include Axel)</li> <li>Back upright spin - minimum three revolutions</li> <li>Forward inside spiral</li> </ul>





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## WELL BALANCED PROGRAM FREE SKATE

#### General event parameters:

- Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- Skaters will skate to the music of their choice.

• Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.

passe		up to one level higher.		
Level	Time	Jumps	Spins	Step Sequences
No-Test	1:40 Maximu m	Max. 5 jump elements:  1. Single jumps, with the exception of the single Axel, are allowed  2. No single Axels, double jumps or triple jumps  3. Maximum of 2 jump combinations or sequences  4. Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted  5. Jump sequences limited to a maximum of 3 single jumps  Half-loop is considered a listed jump with the value of a single loop when used in a sequence or combination	Max. 2 spins:  1. Spins may change feet and/or position  2. Spins may start with a fly  3. Minimum 3 revs.  Spins must be of a different character (For definition see rule 4103E)	1. Must use one-half the ice surface 2. Moves in the field and spiral sequences are permitted but will not be counted as elements. 3. Jumps may be included in the step sequence
Pre- Preliminary	1:40 Maximu m Vocal music permitted	Maximum of 5 jump elements:  1. All single jumps, including single Axel, allowed  2. No double, triple or quadruple jumps allowed  3. Axel may be repeated once as a solo jump, as part of a jump combination or jump sequence. (maximum of 2 single Axels)  4. Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded  5. Max. 2 jump combinations or sequences  6. Jump combinations are limited to 2 jumps except that one 3-jump combination with a maximum of 3 jumps is permitted.  7. Jump sequences limited to a maximum of 3 single jumps  8. ½ loop is considered a listed jump with the value of a single loop when used in a sequence or combination	Maximum of 2 spins: 1. Spins may change feet and/or position. 2. Spins may start with a fly. 3. Minimum of 3 revolutions  These spins must be of a different character (For definition see Rule 4103 (E)	1. Must use ½ of the ice surface. 2. Moves in the field and spiral sequences are permitted, but will not count as elements 3. Jumps may be included in the step sequence
Preliminary	1:40 Maximu m Vocal music permitted	Maximum of 5 jump elements:  1. One must be an Axel or Waltz-jump type jump  2. All single jumps, including single Axel, allowed. Only  2 different jumps may be attempted (limited to double Salchow, double toe loop and double loop)  3. Double flip, double Lutz, double Axel, triple or quadruple jumps are not allowed  4. An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of jump combinations or jump sequences  5. Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded  6. Maximum 2 jump combinations or sequences  7. Jump combinations are limited to 2 jumps except that one 3-jump combination with a maximum of 2 double jumps and 1 single jump is permitted.  8. Jump sequences limited to a maximum of 3 single or double jumps  9. ½ loop is considered a listed jump with the value of a single loop when used in a sequence or combination	Maximum of 2 spins: 1. Spins may change feet and/or position. 2. Spins may start with a fly. 3. Minimum of 3 revolutions  These spins must be of a different character (For definition see Rule 4103 (E)	1. Must use ½ of the ice surface. 2. Moves in the field and spiral sequences are permitted, but will not count as elements 3. Jumps may be included in the step sequence

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### **Test Track Free Skate**

#### General event parameters:

- Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- Minimum number of spin revolutions are in ( ) following the spin description. Revolutions must be in position.
- The following deductions will be taken: 0.1 from each mark for each technical element included that is not permitted in the event description; 0.2 from the technical mark for each extra element included; 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre- Preliminary 1:40 max.	Maximum of 5 jump elements:  Jumps with not more than one-half rotation (front to back or back to front including half-loop)  Single rotation jumps: Salchow, toe loop and loop only  Maximum 2 jump combinations or sequences  Maximum 2 of any same type jump	Maximum of 2 spins:  • Two spins of a different nature, one position only. No change of foot, no flying entry (Minimum 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre- preliminary free skate test.
Preliminary 1:40 max	Maximum of 5 jump elements:  Jumps with not more than one rotation (no Axels)  Maximum 2 jump combinations or sequences  Maximum 2 of any same type jump	<ul> <li>Maximum of 2 spins:</li> <li>One spin in one position; no change of foot, no flying entry. (Minimum 3 revolutions)</li> <li>One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating prepreliminary free skate test, but may not have passed tests higher than the preliminary free skate test.

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## #16 PLYMOUTH SPOOKTACULAR - October 21, 2017 Entry Form [PLEASE PRINT CLEARLY]

Name			_Age	Birth Date	Spooktacular
	Last	First			and Comm
E-Mail Address					
Address		0.616	City		
State	_Zip	Area Code/Phone #			
Home Club			USFSA#		
Male	Female	Name of Parent/Gua	r <mark>dian</mark>		

	rst Event; \$20						
Basic Compulsory		Compulsory		SPECIAL OLYMPICS		ADULT	
Snowplow Sam*	Beginner *		Badge1*		Adult 1		
Basic 1 *	High Begir	ner *	Badge 2*		Adult 2		
Basic 2 *	No Test		Badge 3*		Adult 3		
Basic 3 *	Pre-Prelim	inar <mark>y</mark>	Badge 4*		Adult 4		
Basic 4 *	Preliminary	11	Badge 5*		Adult 5		
Basic 5 *	Fre	e <mark>Skate</mark>	Badge 6*		Adult 6		
Basic 6 *	Beginner *		B <mark>adge 7*</mark>		Adult P	re-Bronze	
Pre-Free Skate*	High Begir	ner *	B <mark>adge</mark> 8*		Adult B	ronze	
	Pre-Prelim	ina <mark>ry TT</mark>	Badge 9*				
	Preliminar	/ TT	Badge 10*				
Basic Prog w/ Music			Badge 11*				
Snowplow Sam*			Badge 12*				
Basic 1 *		BALANCED					
Basic 2 *	Fre	e Skate					
Basic 3 *	No Test						
Basic 4 *	Pre-Prelim						
Basic 5 *	Preliminar						
Basic 6 *							
Pre-Free Skate*							

Events listed above with an \* after them will be eligible for Michigan Basic Skills Series Points Entry Fees are not refundable after the entry deadline unless an event is cancelled. If you are not a USFSA member add \$15 to fee / enter through our Basic Skills Program

First Event (\$50)	\$ ENTRIES MUST BE POST MARKED
Additional Event (\$20)	\$ BY 10/7/17  Mail form and fees to:
Additional Event (\$10)	\$ Attn: Ellen Elliott - PFSC
Additional Event (\$10)	\$ Plymouth Cultural Center 525 Farmer Street
Join USFSA (\$15)	\$ Plymouth, MI 48170  Make check/money order payable to: <b>Plymouth FSC</b>
TOTAL:	\$ Please note: In the past, this competition has filled quickly. You are encouraged to register promptly.

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# **Certification of Competitor**

Competitor Name:	

- 1. The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the Plymouth Figure Skating Club and Plymouth Cultural Center Ice Arena harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.
- 2. As a participant, or parent/guardian of a minor participant, in the Plymouth Spooktacular/Basic Skills Series, I understand that the Plymouth Spooktacular/Basic Skills Series, or its agents, may take photographs, video and/or film of my, my minor's and/or my family's involvement, participation, viewing or interaction at Plymouth Spooktacular/Basic Skills Series scheduled ice time, activities, classes or events. I hereby authorize the taking and use of such photographs, video, film or likeness of myself, my minor child (or children), and/or my family in all forms and media and in all manners, including composite or other representations, for any lawful and legitimate Plymouth Spooktacular/Basic Skills Series purpose, including dissemination and distribution of the same; and further waive any right to approve or object to any finished, modified or derivative product or media
- 3. I have read the Concussion Awareness Information located on <a href="https://www.sk8stuff.com">www.sk8stuff.com</a> and by signing below, I am agreeing to the terms and conditions.

Parent/Guardian Signature	Date		
Club Officer/Program Director			
<u>Title</u>	Date		
COMPETITOR SIGNATURE	Date		
Coach Signature:	Print Name: Print Name:		
Registered on USFS Coaches Registry for the current season? Yes USFS #			
Phone	E-mail Address:Please print clearly		
CHECKLIST [please be sure the follo	ving is included]:		
Entry form with USFSA Number	Club Officer/Program Director Signature		
Check payable to PFSC	Events to be entered checked properly		
	13 Approval Code:		





# HAPPY AD ADVERTISING FORM

[Put an encouraging note to your skater or entire club in our program]

□ One line \$5.00 (not to exceed 10 words) □ Business card size \$25	
Contact Name	
Address	
Phone Number	
Insert Ad copy here or attach camera-ready artwork to t	his form.





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