

Flushing
community church



REFUGE

"God is our refuge and strength,
always ready to help in times of trouble."

Psalm 46:1 NLT



Use this app to find our
“event” for the scripture &
even take notes.



#FCCrefugeseries
@flushingccnaz



Follow the church page & be
sure to “check in” on your
personal timeline!



**“God blesses those who mourn,
for they will be comforted.”**

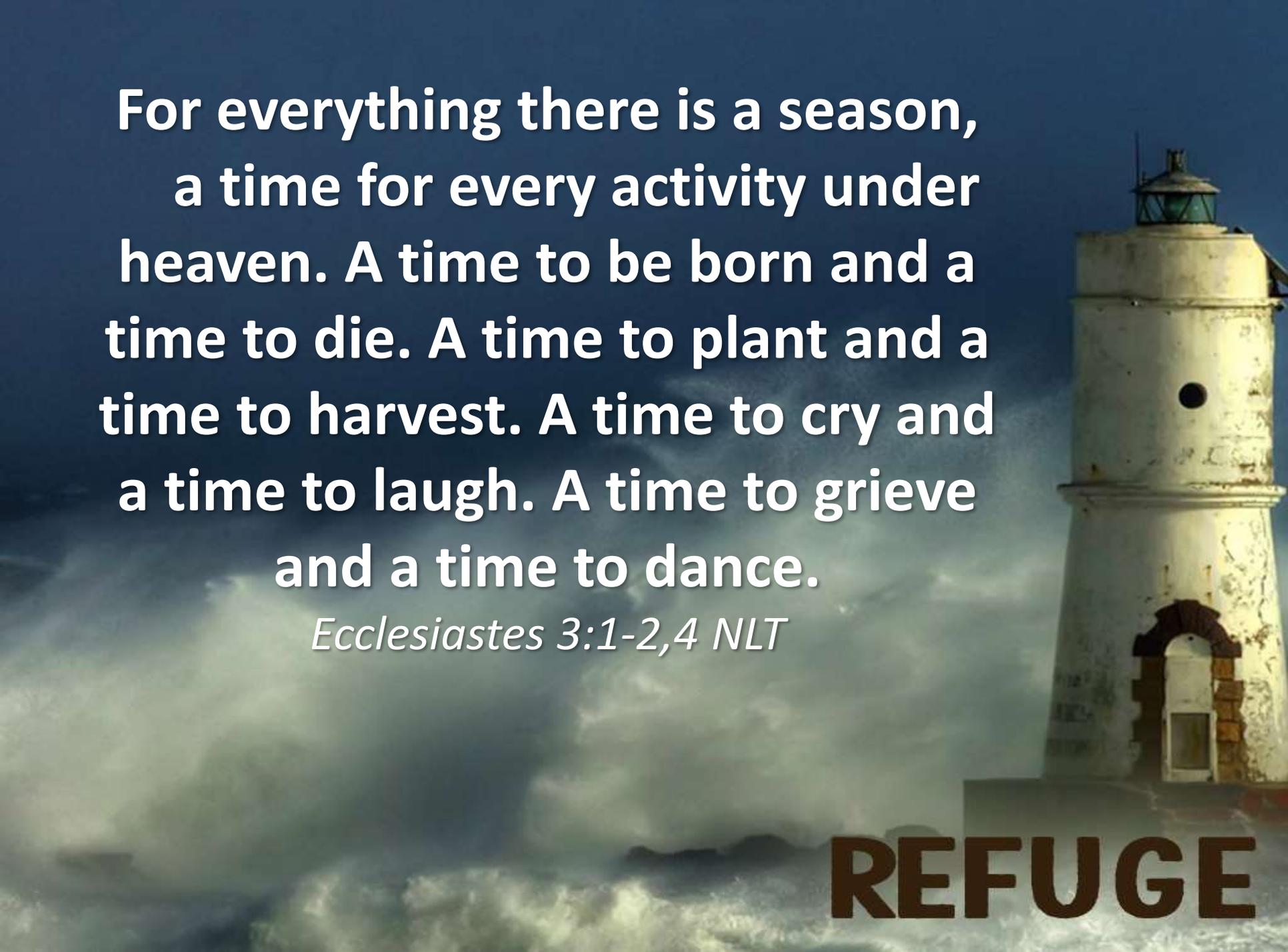
Matthew 5:4 NLT

A lighthouse on a rocky island with waves crashing against its base under a dramatic, cloudy sky.

REFUGE

For everything there is a season,
a time for every activity under
heaven. A time to be born and a
time to die. A time to plant and a
time to harvest. A time to cry and
a time to laugh. A time to grieve
and a time to dance.

Ecclesiastes 3:1-2,4 NLT



REFUGE

GRIEF is essential to
our health!

REFUGE



If we don't learn to LET IT
OUT, we will figure out
how to ACT IT OUT!

REFUGE



For when I kept silent,
my bones wasted away through
my groaning all day long.

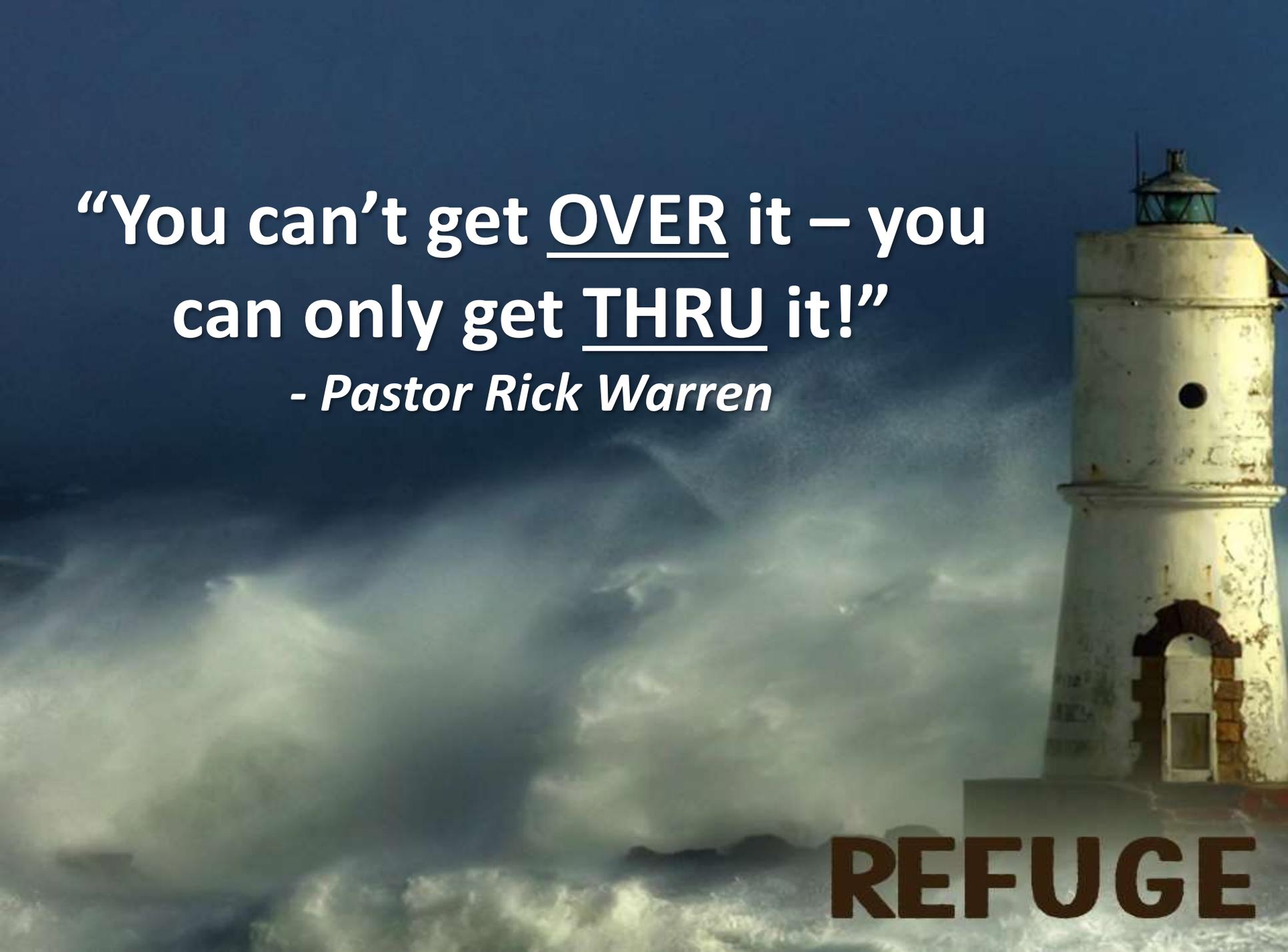
Psalm 32:3 NLT

REFUGE



“You can’t get OVER it – you
can only get THRU it!”

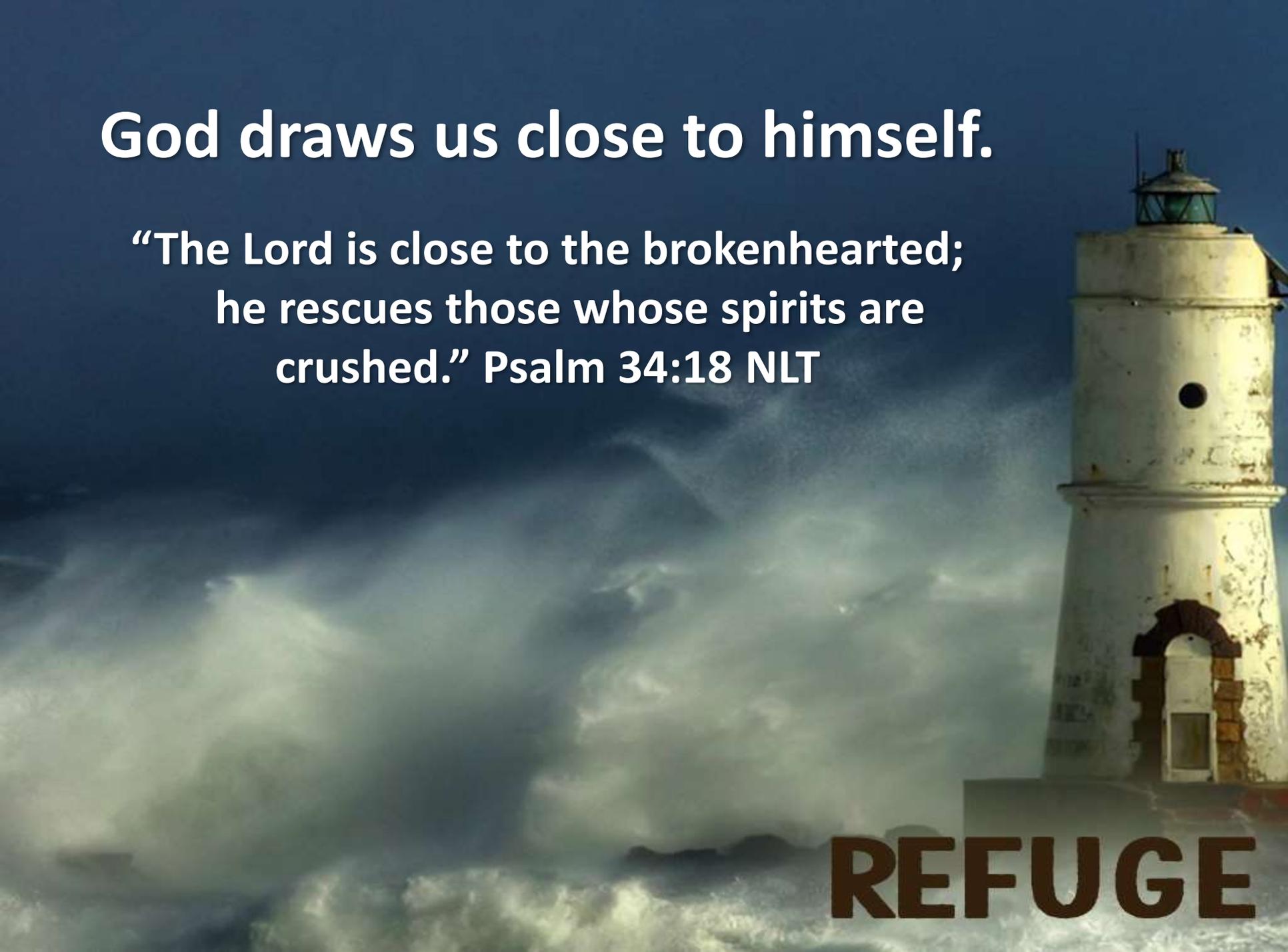
- Pastor Rick Warren

A lighthouse on a rocky island with a rainbow in the sky. The lighthouse is white with a dark arched doorway at the base. The sky is dark blue with a bright rainbow arching across it. The word "REFUGE" is written in large, bold, dark letters at the bottom right of the image.

REFUGE

God draws us close to himself.

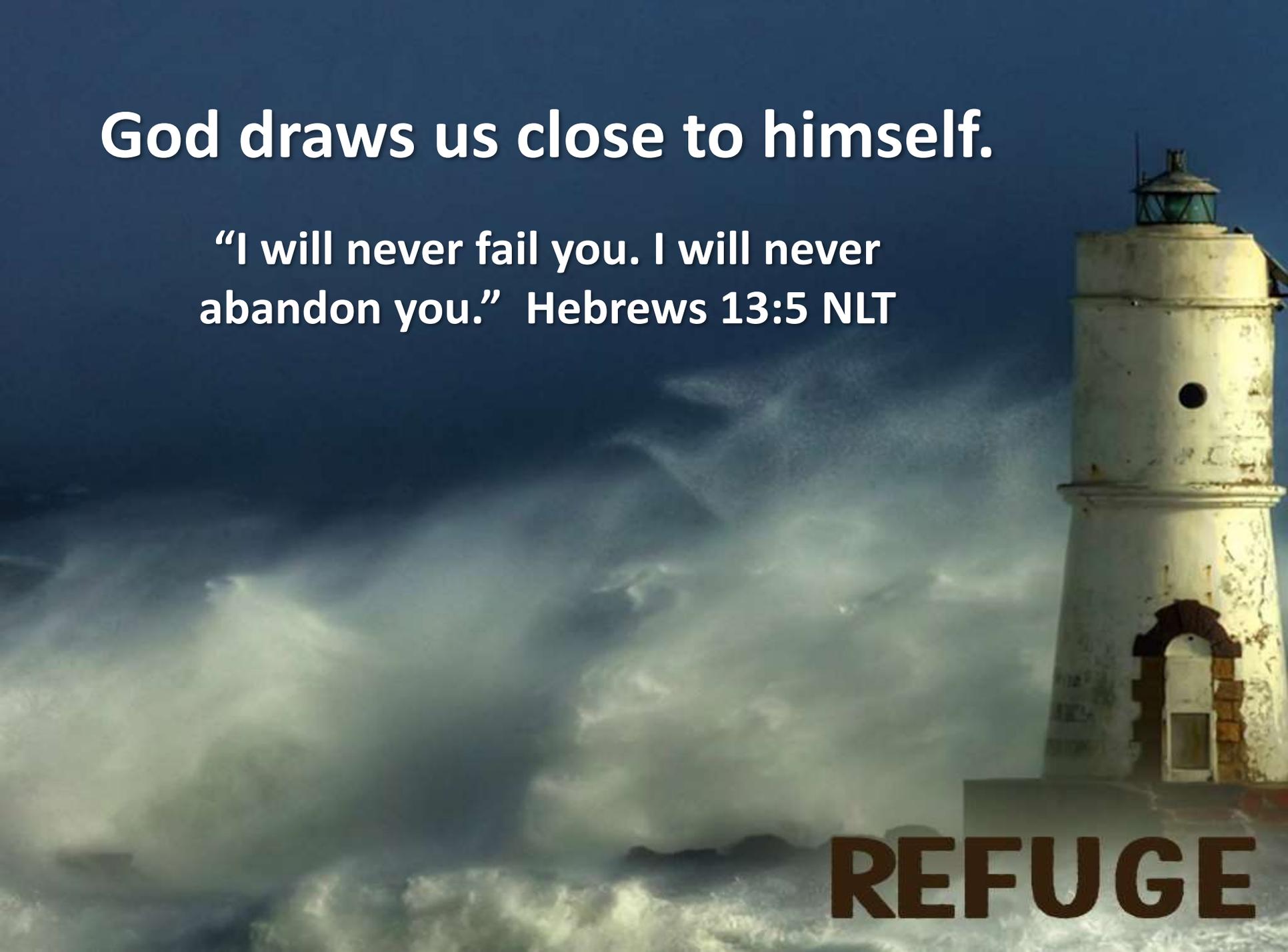
**“The Lord is close to the brokenhearted;
he rescues those whose spirits are
crushed.” Psalm 34:18 NLT**

A lighthouse on a rocky island with a rainbow in the sky. The lighthouse is white with a dark arched doorway and a small window. The sky is blue with a rainbow arching across it. The word "REFUGE" is written in large, bold, dark letters at the bottom right.

REFUGE

God draws us close to himself.

**“I will never fail you. I will never
abandon you.” Hebrews 13:5 NLT**



REFUGE

God grieves with us.

“He was despised and rejected—a man of sorrows, acquainted with deepest grief. We turned our backs on him and looked the other way. He was despised, and we did not care.” Isaiah 53:3 NLT



REFUGE

God grieves with us.

“Then Jesus wept.” John 11:35 NLT



REFUGE

**God gives us a church family
for support.**

**“So encourage each other and build each
other up, just as you are already doing.”**

1 Thessalonians 5:11 NLT



REFUGE

God gives us a church family for support.

“...so it is with Christ’s body. We are many parts of one body, and we all belong to each other. Love each other with genuine affection, and take delight in honoring each other. Be happy with those who are happy, and weep with those who weep.”

Romans 12:5,10,15 NLT



REFUGE

God uses our grief to help us grow.

“For our present troubles are small and won’t last very long. Yet they produce for us a glory that vastly outweighs them and will last forever! So we don’t look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever.”

2 Corinthians 4:17-18 NLT

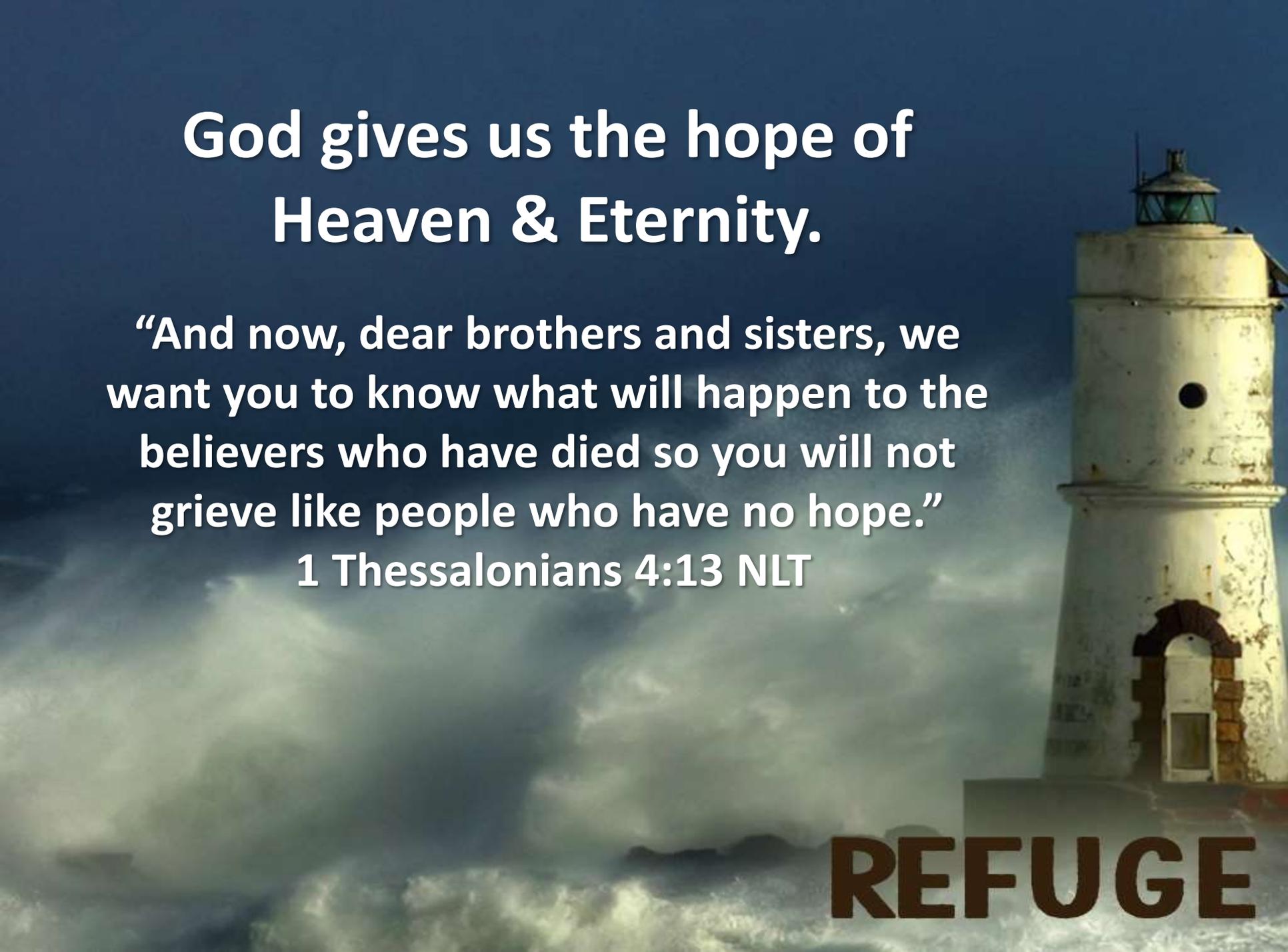
REFUGE

A lighthouse on a rocky island with waves crashing against its base. The lighthouse is white with a dark top section and a small arched doorway near the bottom. The sky is blue and the water is white with foam from the waves.

God gives us the hope of Heaven & Eternity.

“And now, dear brothers and sisters, we want you to know what will happen to the believers who have died so you will not grieve like people who have no hope.”

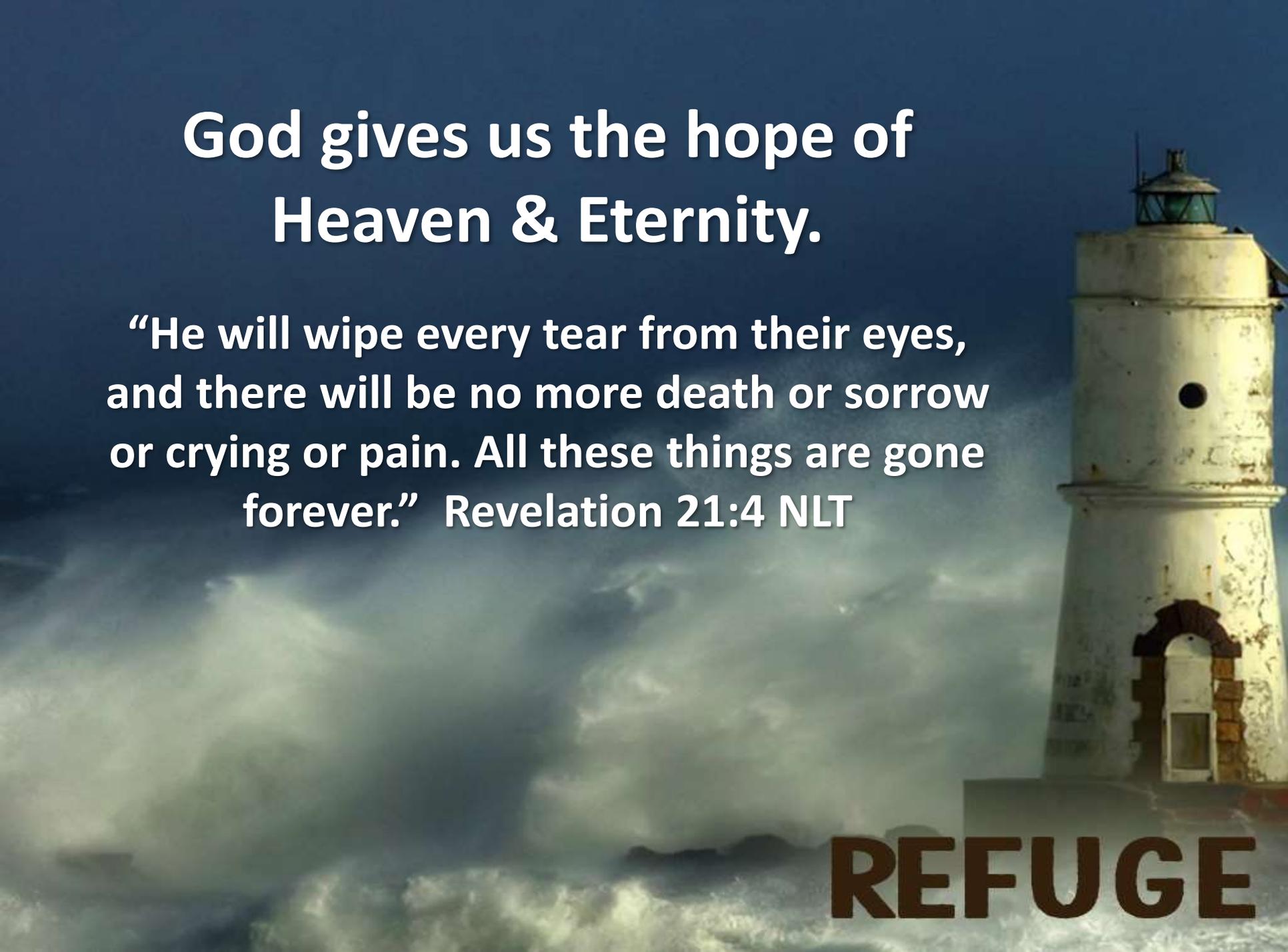
1 Thessalonians 4:13 NLT



REFUGE

God gives us the hope of Heaven & Eternity.

“He will wipe every tear from their eyes,
and there will be no more death or sorrow
or crying or pain. All these things are gone
forever.” Revelation 21:4 NLT



REFUGE

God uses our pain to help others.

“He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us.”

2 Corinthians 1:4 NLT



REFUGE

**God uses our pain
to help others.**

**“My greatest ministry
will come out of my deepest hurt!”**

- Pastor Rick Warren

A lighthouse on a rocky island with a storm brewing in the background. The lighthouse is white with a dark arched doorway and a lantern room on top. The sky is dark and cloudy, with a rainbow visible in the distance. The word "REFUGE" is written in large, bold, dark letters at the bottom right of the image.

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