

Discovering and Confronting
the Spiritual Roadblocks
in our life.

ROAD
BLOCKS

24 May, 2009 | Flushing Community Church

Has there been a time in your life when guilt overtook you?

Understanding of healthy guilt vs. unhealthy guilt ...

Scripture defines guilt as ...

> the act of _____ a law of God [Romans 3:23]

> the presence of _____ [2 Corinthians 7:8-11]

Distorted Guilt: _____

- > dwelling on ...
- > the source ...
- > often leads to ...

**My greatest fear about guilt is that it will keep us in a state
of " _____ "**

- > Reverse ...
- > Forward ...
- > Neutral ...

In what ways have I been stuck in neutral in my life?

Breaking the bondage of guilt in your life ...

The path toward the guilt-free journey ...

Encounter these verses today:

circle words that you identify with, underline phrases or sentences you'd like to remember, write questions about the passage out to the side

Paul's Joy (2 Corinthians 7:8-11, NIV)

⁸Even if I caused you sorrow by my letter, I do not regret it. Though I did regret it—I see that my letter hurt you, but only for a little while—⁹yet now I am happy, not because you were made sorry, but because your sorrow led you to repentance. For you became sorrowful as God intended and so were not harmed in any way by us. **¹⁰Godly sorrow brings repentance that leads to salvation and leaves no regret,** but worldly sorrow brings death. ¹¹See what this godly sorrow has produced in you: what earnestness, what eagerness to clear yourselves, what indignation, what alarm, what longing, what concern, what readiness to see justice done. At every point you have proved yourselves to be innocent in this matter.

Woman Caught in Adultery (John 8:1-11, NIV)

¹But Jesus went to the Mount of Olives. ²At dawn he appeared again in the temple courts, where all the people gathered around him, and he sat down to teach them. ³The teachers of the law and the Pharisees brought in a woman caught in adultery. They made her stand before the group ⁴and said to Jesus, "Teacher, this woman was caught in the act of adultery. ⁵In the Law Moses commanded us to stone such women. Now what do you say?" ⁶They were using this question as a trap, in order to have a basis for accusing him.

But Jesus bent down and started to write on the ground with his finger. ⁷When they kept on questioning him, he straightened up and said to them, "If any one of you is without sin, let him be the first to throw a stone at her." ⁸Again he stooped down and wrote on the ground.

⁹At this, those who heard began to go away one at a time, the older ones first, until only Jesus was left, with the woman still standing there. ¹⁰Jesus straightened up and asked her, "Woman, where are they? Has no one condemned you?"

¹¹"No one, sir," she said.

"Then neither do I condemn you," Jesus declared. "Go now and leave your life of sin."

Digging Deeper this week ...

*If you would like to take today's teaching to the next level, then start digging!
Ask yourself the following questions ...*

- 1) Have I ever encountered the roadblock of "guilt" in my spiritual walk before?
 - 2) How have I attempted to confront this roadblock in the past?
- Investigate the truths found in Hebrews 10:1-24 in your personal time.*
- 3) How did the Law in the Old Testament foreshadow the grace of Jesus?
 - 4) Why do you think it is so hard to simply accept the sacrifice Jesus made for us and leave behind the old law that leads to guilt and shame?
 - 5) Are there areas of "un-confessed sin" in my life that needs to be dealt with?
 - 6) How can I encourage ("spur on") others this week to live guilt-free?