

*Discovering and confronting  
the Spiritual Roadblocks  
in our lives.*



# What are they?

- > Anything that delays/slows the growth of your faith
- > A nagging area of doubt or confusion
- > Something that is blocking your understanding of God's purposes



**Good  
Intentions**



**GUILT**



**The  
Church**



**RULES**



# Rules ::

**What are rules good for ...**

- > Protection
- > Order or structure
- > Reasonable expectations



# Rules ::

The tension between ...

God's Law ←————→ Freedom in Christ

leads to legalism

leads to laziness

focused on the law

focused on self



# Rules ::

The tension between ...

Written Code  $\longleftrightarrow$  Unwritten code

Sabbath

Traditions



# Rules ::

*He replied, "Isaiah was right when he prophesied about you hypocrites; as it is written, 'These people honor me with their lips, but their hearts are far from me. They worship me in vain; their teachings are but rules taught by men.' You have let go of the commands of God and are holding on to the traditions of men."*

*Mark 7:6-8 (NIV)*



# Rules ::

The tension between ...

God says  $\longleftrightarrow$  Man says

thru Word & Spirit

thru teachers

inspiration

interpretation



# Rules ::

*“Everything is permissible for me” – but not everything is beneficial. “Everything is permissible for me” – but I will not be mastered by anything.”*  
**1 Corinthians 6:12-13 (NIV)**



# Rules ::

How can we live under the Law of Grace?

- > Embrace spiritual freedom
- > Express our freedom in love
- > Test everything





OP

ROAD  
BLOCKS