

Teach Us To  
**PRAY**

**“Pray then like this:**

**Our Father in heaven,  
hallowed be your name.**

**Your kingdom come,  
your will be done,**

**on earth as it is in heaven.**

**Teach Us To  
PRAY**

**Give us this day our daily bread,  
and forgive us our debts,  
as we also have forgiven our  
debtors.**

**And lead us not into temptation,  
but deliver us from evil.”**

Matthew 6:9-13, ESV

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Summary of  
**Exodus 16**

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**“If only we had died by the Lord’s hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to death.”**

Exodus 16:3, NIV

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Summary of  
**Exodus 16**

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**“Consecrate yourselves for tomorrow, and you shall eat meat...You shall not eat just one day, or two days, or five days, or ten days, or twenty days, but a whole month, until it comes out at your nostrils and becomes loathsome to you,**

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**because you have rejected the Lord  
who is among you and have wept  
before him, saying, ‘Why did we come  
out of Egypt?’”**

Numbers 11:18-20, ESV

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## ISRAELITES

**SLAVERY**  
in Egypt

**SAVED  
THROUGH**  
death of the  
Passover lamb,  
waters of the  
Red Sea

## JESUS FOLLOWERS

**SLAVERY**  
in Sin

**SAVED  
THROUGH**  
death of Jesus,  
waters of  
baptism

# WILDERNESS

separated to become the community that reflects God;  
exercising faith, trusting daily in his guidance and provision

**DESTINATION**  
Promised Land

**DESTINATION**  
New Heavens & New Earth

**“Give us this day our daily bread”**

Matthew 6:11, ESV

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**“Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing?”**

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**Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add a single hour to his span of life?**

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**And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these.**

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**But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith? Therefore do not be anxious, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’**

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**For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. But seek first the kingdom of God and his righteousness, and all these things will be added to you.**

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**Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.”**

Matthew 6:25-34, ESV

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“And you shall remember the whole way that the LORD your God has led you these forty years in the wilderness, that he might humble you, testing you to know what was in your heart, whether you would keep his commandments or not.

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**And he humbled you and let you hunger and fed you with manna, which you did not know, nor did your fathers know, that he might make you know that man does not live by bread alone, but man lives by every word that comes from the mouth of the LORD.”**

Deuteronomy 8:2-3, ESV

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**“As you align your goals with His kingdom goals, He promises to provide everything needed for your life to flourish.”**

Stephen & Alex Kendrick

{“The Battle Plan for Prayer” p. 131}

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When we're dependent  
on God for all our needs,  
we learn our greatest  
need is Him.

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**And my God will supply every need of yours according to his riches in glory in Christ Jesus.**

Philippians 4:19, ESV

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