

How can a young person stay on the path of purity? By living according to your word.

*Vital Signs*  
*Time for a check up?*



I seek you with all my heart; do not let me stray from your commands.

*Vital Signs*  
*Time for a check up?*



I have hidden your  
word in my heart that I  
might not sin against  
you.

Praise be to you, LORD;  
teach me your decrees.

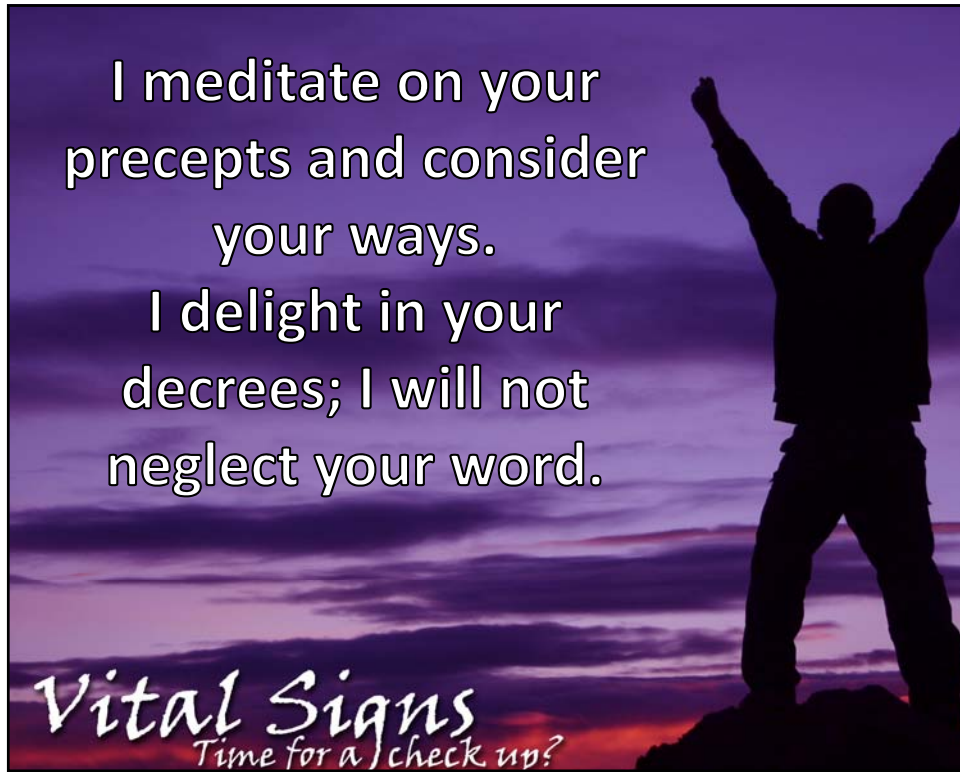
*Vital Signs*  
*Time for a check up?*



With my lips I recount  
all the laws that come  
from your mouth.  
I rejoice in following  
your statutes as one  
rejoices in great riches.

*Vital Signs*  
*Time for a check up?*





I meditate on your  
precepts and consider  
your ways.  
I delight in your  
decrees; I will not  
neglect your word.

*Vital Signs*  
*Time for a check up?*



Today's Story:  
2 Chronicles 34

*Vital Signs*  
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## Lessons from Josiah:

- He didn't look to his past.
- Destroyed the distractions.
- He didn't justify his sin.
- He valued the Word of God.

*Vital Signs*  
*Time for a check up?*

