



## WEEKLY REFLECTION & CHALLENGE SHEET

"Encourage" | January 31, 2021

### ICE BREAKERS:

Do you know any people like **Eeyore**? If you say anything to them without hurting their feelings, what would you say?

Have there been times when you've acted like Tigger? Have you been insensitive in your "encouragement"?"

### Share together:

Can you think of "encouraging phrases" that you've read or heard that point us away from God rather than toward him?

**READ:** Luke 12:1-12. There are words of encouragement in this passage. In what ways do you find them encouraging? Do you find them discouraging?

**READ:** Acts 14:8-22. Paul's words of encouragement were, "We must go through many hardships to enter the Kingdom of God." If you had a similar experience to Paul's, what do you think you'd say to the church?

**Kingdom Encouragement:** If you were speaking to a friend and felt the Spirit leading you to encourage them, how would you put these ideas in your own words:

> You belong to God ...

> Keep the faith ...

> I see God working in you ...

**READ:** Hebrews 10:19-25. What does it mean to *consider* how we may spur one another toward love and good deeds?

**This week's challenge:** As you take time to encourage someone this week, may the God of all grace guide your words, thoughts and actions to communicate His love!