


# H O P E



## WEEKLY REFLECTION & CHALLENGE SHEET

"IN THE JOURNEY" | February 21, 2021

### ICE BREAKERS:

Share about your favorite trip or family vacation. What made the experience so meaningful?

### DISCUSS:

What do you think about Ralph Waldo Emerson's quote: "Life's a journey, not a destination."

### READ TOGETHER: Luke 15:11-31

How would you title this story?

How do you identify with each character in the story?

### READ: Romans 8:18-25

How can we find hope in the midst of challenging times in life?

**REFLECT:** "Life is BOTH a journey & a destination and it's filled with amazing HOPE!"

**This week's challenge:** Spend time at the end of each day this week journaling about your best moments and your worst moments throughout the day. At the end of the week, spend time considering how you experienced hope in the midst of each experience.