


# H O P E



## WEEKLY REFLECTION & CHALLENGE SHEET

"IN TRUTH" | March 21, 2021

### ICE BREAKERS:

What is the greatest LIE you ever told and got away with it?

What is the greatest LIE you attempted to tell but got busted for it?

### DISCUSS:

How do lies impact our daily thinking? How do these lies do damage in our life?

*"Lying deceives us to believe it is the path to freedom - but it only leads us to greater bondage!"*

### How does Jesus describe truth in John 8:32?

**REVIEW TOGETHER:** Luke 15:11-31 (have someone summarize the story)

Where in the story do you see deception show up?

**REFLECT:** "Truth is difficult to see in someone until they experience a crisis."

**READ & DISCUSS TOGETHER:** 2 Timothy 4:3-4

**READ & DISCUSS TOGETHER:** 2 Corinthians 10:4-5

Be sure to pray for each other to see truth instead of the lies and deception that we often see.

**This week's challenge:** Spend time at the end of each day this week journaling about your best moments and your worst moments throughout the day. At the end of the week, spend time considering how you believed lies instead of truth.