

National Day of Prayer May 7th 2020 Prayer Walk Guidelines

“Why can’t I just stay at home and intercede?” This question is often asked related to participation on a prayer walk. The answer is that you can. And God will hear and respond to your prayer, however, there is something that happens when we pray while seeing, feeling, touching and hearing that focuses our prayers differently.

Let’s do this Flushing Area Churches! So grab your National Day of Prayer brochure or bookmark, and let’s prayer walk our neighborhoods and communities. Below are some suggestions to help you on this journey of prayer:

Practical suggestions:

- 1 Wear comfortable clothing.
- 2 Wear walking shoes that are already “broken in.”
- 3 Pray prior to the beginning of your walk.
- 4 Ask God to guide, direct, lead and impress you with His agenda.
- 5 Be sensitive to the thoughts and ideas God may be speaking to your heart and then pray them.
- 6 Invite the presence of God to be made known wherever you walk.
- 7 Don’t be afraid of silence. It is OK to walk and pray silently.
- 8 Smile and be pleasant to people you meet. God may be working in their lives. Pray for them.
- 9 Be flexible as the Holy Spirit leads.
- 10 Pray positive things over the area. Don’t stay focused on the negative.

Locations where you may want to prayer walk (or stop for prayer) include:

- Government buildings/City hall, police station, fire hall, etc...
- Churches
- Neighborhoods, asking God to work in the hearts of those who may not yet know Jesus
- Schools
- Hospitals/Care Centers
- Business areas

Oh and don’t forget to practice your social distancing.

Thanks for serving our community in Jesus’ name.