

Upward Frequently Asked Questions

Evaluations and Team Placement

1. When are evaluations? Are they required for all kids including cheerleaders?

Evaluations are required for all kids participating in Upward (including cheer). Families will be given an opportunity to try on uniforms to make sure they chose the right size, and kids will do a short 2 minute segment of basketball drills with a coach.

Evaluations will take place on the following dates:

11/5/2022. 9 am-12pm (last names starting A-M)

11/6/2022. 2-5 pm . (last names starting N-Z)

Possible Evaluation Make-up 11/11/2022, 12-2 pm for any families unable to make the first two dates

2. We have a family event on the date my child is supposed to attend evaluations, can they attend on the other date?

Yes! We have 350 kids in the program, so we try to split it up into 2 days. However, we can accommodate families who need to attend on the other day and time if necessary.

Team Placement

1. How does team placement work? Can Upward place my child on the same team as their cousin, friend, or other family member?

All team placement is done through the evaluation process. We **cannot** accommodate team requests due to the number of kids in the program. There are a few ways that we do place kids.

- Twins/siblings will always be placed on the same team to ensure they have the same practice times during the week
 - If you coach, your child will be placed on your team. We encourage each team to have 2 coaches in case of extenuating circumstances. .
2. My child participates in other extracurricular activities. What nights are practices, and can you accommodate other practice schedules?
 - Upward does honor 1 no practice night. Please make sure you mark which night your child will be unable to practice. After that, **we cannot accommodate more than one no practice night.** We understand that kids participate in multiple activities, but we only have so many gym slots available, and cannot accommodate schedules for 350 families.

3. I have one child who plays basketball and one that cheers. Will they play at the same time? Will they practice at the same time?

There will be (1) 45 minute practice for each team. Practice times will range from 5-8:45 pm in 45 minute segments from Monday-Friday for our K5-4th Grade athletes at Flushing Community Church.

5th and 6th Grade athletes (excluding cheer) will have (1) 45 minute practice at Westside Baptist one night a week ranging from 5-7 pm at night.

General Game Times:

- These are general times and subject to change:

K5-2nd Grade Basketball/Cheer games:

- Saturdays at Flushing Community 8:40 am-12 pm
 - K5 Games are first, followed by 1st-2nd Girls, and then 1st-2nd Boys.

3rd-4th Grade Basketball/Cheer Games:

- Saturdays at Flushing Community 1:40 pm-4:10 pm
 - 3rd-4th Girls are first, followed by 3rd-4th Boys

Season Facts:

Our season runs for 8 weeks starting the first week in January (there are 2 practices in December before Christmas Break, and no games on President's Day weekend). Teams will practice one night per week with 1 game played each Saturday.

First Practices: Week of 12/05

First Game: 01/07/23

No Games: 02/18/23

Last Game: 03/04/23

Celebration: 03/05/23