

# FORMATIONAL DISCIPLINE

## WEEK TWO THE DISCIPLINE OF COMMITMENT

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**When have you committed to something difficult? Why did you make that commitment? What was the result?**

Completely Committed to God  
**Romans 6:13-14; 12:1**

**1 Corinthians 9:24-27**

The Twofold Commitment of Holiness  
**Romans 6:13; Ephesians 4:20-24; Titus 2:11-12**

A commitment to \_\_\_\_\_, A commitment to \_\_\_\_\_.

**“A loving response to God’s grace and mercy is the only motive acceptable to God for the commitment Paul called for. And it is the continual reminding of ourselves of His grace and mercy that provides the only enduring motivation to sustain such a commitment and keep it from becoming oppressive.”**

Jerry Bridges, *The Discipline of Grace*

## QUESTIONS FOR FURTHER THOUGHT

1. Paul uses several images to speak of the way Christians are to commit their lives to God—as slaves of righteousness (Rom 6:15-23), living sacrifices (Rom 12:1), and as athletes competing in a race (1 Cor 9:24-27). Which of these speaks most clearly to you? How does that help motivate you to devote yourself to Him?

2. In your experience, has teaching on the Christian life focused more on “putting off” sin or “putting on” virtue? What potential problems do you see in emphasizing one over the other?

*In what area of your life is God speaking to you about being more disciplined? What practical steps can you take to commit yourself to Him in this area? Continue to pray for God’s leading this week, then write out your commitment to keep before you and Him.*