

FORMATIONAL DISCIPLINE

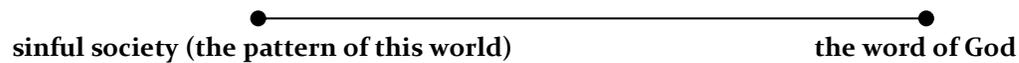
WEEK THREE THE DISCIPLINE OF CONVICTIONS

“A conviction is a determinative belief: something you believe so strongly that it affects the way you live.”
Jerry Bridges, *The Discipline of Grace*

Consider some of your deepest convictions. What has shaped those in your life?

The Influence Continuum

Romans 12:2



Take It In

2 Timothy 3:14-17; Hebrews 4:12; Proverbs 2:1-11

Store It Up

Psalms 119:11; Proverbs 7:1-3; Colossians 1:9-10; 3:16

Live It Out

Ezekiel 33:30-33; James 1:22-25

EXERCISE

Read Psalm 1. What contrast does the writer make between the wicked and the one whose “delight is in the law of the LORD”? How does the imagery in this psalm help you understand the role of God’s word in the believer’s life?

QUESTIONS FOR FURTHER THOUGHT

1. Take an honest assessment of your value of Scripture. Do you delight in it and search for it like hidden treasure (Ps 1:2; Prov 2:4)? Or do you read and study it purely because you feel like you should? Or do you profess its importance but generally neglect to let it speak into your life? Talk with God about what you discover and ask Him to continue to fill you with a desire for His truth.

2. What verses or passages of Scripture hold special meaning to you? How has God used these Scriptures to help you apply His word to your life?

As you continue to commit yourself to the area God wants to bring discipline into your life, take some time to seek out Scriptures that pertain specifically to this area. Consider memorizing them or writing them on a card to carry with you so you can meditate on them throughout the day.