



Sign up for important updates from T. Bate and Troy Supple.

Get information for Flushing Community right on your phone—not on handouts.

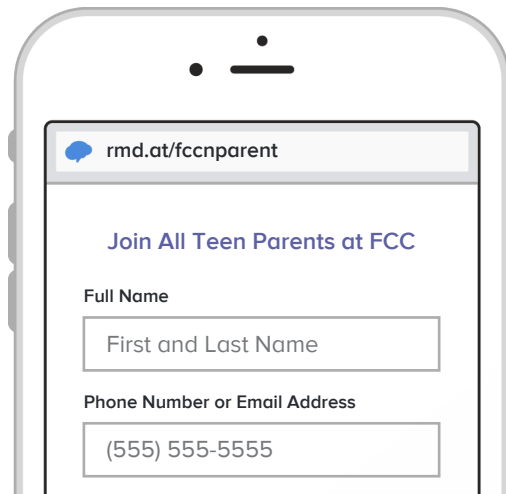
Pick a way to receive messages for **All Teen Parents at FCC**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/fccnparent

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message [@fccnparent](https://www.facebook.com/fccnparent) to the number **81010**.

If you're having trouble with **81010**, try texting [@fccnparent](https://www.facebook.com/fccnparent) to **(713) 574-8324**.



Don't have a mobile phone? Go to rmd.at/fccnparent on a desktop computer to sign up for email notifications.